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Fabulous pentaprism reflex with interchangeable lens - precision-made in Russia.
WARNING
FOR ALL ZENITH CAMERAS
TIME LOCK RELEASE

When checking your camera please see that the release button in the centre of the wind lever is not in the locked down position. Failure to release this will give the impression that the wind mechanism is faulty.

Please Note

1 All modern high quality Lenses (such as that fitted to your Zenith camera) are made from special grades of optical glass. During the manufacturing process small bubbles almost inevitably occur within the glass, but these have no adverse effect whatsoever on the functioning of the composite photographic lens.

2 The Zenith camera will accept all types of monochrome and colour films, with the exception of any Fuji 35mm. Cassette.

3 Zenith cameras have a built in safety margin when viewing through the Reflex Finder. This enables the whole viewing area to be used when composing the picture without fear of losing any subject matter which may be on the extreme edges of the finder.

Zenith E

F2 Helios
Specification is similar to the Zenith B f2 Helios but, additionally, features a built-in selenium photo-electric exposure meter.

See pages 14 and 15 for instructions relating to the controls and operation of the Zenith E exposure metering system and for unloading of camera.
This instruction manual contains the basic characteristics and essential operating principles of the Zenith B Camera. Read very carefully and follow the instructions in the first few days of use. Soon you will become familiar with the camera’s controls, and handling, until you do not have to think about the ‘mechanism’ of the camera—but enjoy concentrating on the more creative possibilities with this fine instrument.

6 IMPORTANT RULES TO OBSERVE

1 When removing or fitting the lens, grip it as a whole avoiding undue pressure on any one ring.

2 Do not touch the optical surfaces of lenses or the return-mirror. Fingerprints diminish optical efficiency, and may damage coated surfaces.

3 Do not rotate the shutter-release button. Apply only direct ‘push-button’ action with your fingertip to avoid engaging “T” lock.

4 Do not rotate the shutter speed selector the short distance between “B” and “500”.

5 Always advance the film-transport crank to its fullest extent. This avoids blank exposures.

6 Always ensure pre-set ring is closed after focussing and before exposure.
SPECIFICATION

**Lens:** 58mm Helios f/2 interchangeable super-fast 6 element; minimum focus: 18 inches; apertures: f/2 to f/16; pre-set diaphragm; depth of field index; distance scale.

OR...

50mm Industar f3.5 interchangeable; minimum focus: 24 inches; apertures f3.5 to f16; aperture-setting ring; depth of field and distance scales.

**Shutter:** Focal plane; Instant return mirror; speeds: 1/30 sec to 1/500 sec; B and delay timer. ‘M’ and ‘X’ synchro.

**Viewfinder:** Reflex viewfinder with groundglass focusing screen; Eyepiece magnification: 5X.

**Film Transport:** Single stroke crank: advances film, sets shutter, counts exposure, primes shutter speed dial.

**Other Features:** Film type reminder; Film-rewind button.

**Dimensions:** 5_7/8" x 3_7/8" x 4" (approx.)

**Weight:** 920 grammes.
Cassette spool guide 6
Viewfinder eyepiece 7
Sprocket 8
Opening catch 9
Cassette chamber 10
Film aperture 11
Film channel runners 12
Take-up spool 13
Take-up spool spring 14
Back cover 15
Film pressure plate 16
Index of the diaphragm setting ring

Diaphragm setting ring

Pre-set diaphragm ring with index

Depth of field scale with index

Distance scale

Focusing ring

Diaphragm setting ring with index

Focusing ring with diaphragm scale

Distance scale

Depth of field scale
Shutter release and ‘T’ lock button
Synchronization setting lever
Synchronization lever index

Index for shutter-speed selector
Shutter speed selector

Film rewind release button

Shutter setting lever
Exposure counter dial index
Exposure-counter dial with guide

Film rewind knob

Film speed reminder scale
INSTRUCTIONS FOR LOADING
(see p.14 for Zenith E)

The camera can be loaded in normal lighting conditions. Open the back cover of the camera by pulling the lock-catch upwards. Next, pull the film-rewind wheel upwards and insert the film cassette.

Now fix the leading edge of the film under the take-up spool spring and engage on the spool-tooth and film sprocket. Ensure that the film is guided correctly over the film-channel runners. Replace the cassette into its seat. Return the rewind wheel to its original position. Close the back cover by pressing down the lock-catch. Advance the shutter-setting lever to the stop position: then press the release button. As the lever turns, the film is advanced by the space of one shot. To transport non-exposed film to the film aperture: cock the shutter twice: pressing the release button after each cocking. Note. While cocking the shutter, check whether the film rewind wheel rotates. If not, check whether the camera is correctly loaded with film. Finally, turn the exposure-counter dial and set the figure 'O' to align with the index dot on the ring. Set the exposure counter when the shutter is cocked.
EXPOSURE SETTING
A gentle upward pull on the shutter speed dial followed by a rotating movement sets the shutter speed duration. The selected speed figure is aligned with the index mark in the middle of the dial, then depressed to fix it in the primed position. Figures indicated are in fractions of a second. 'B' indicates a hand-controlled exposure duration. Time exposures are obtained by first cocking the shutter: setting the dial to 'B'; then, by pressing the release button until locked by rotating it. It is released by turning the release button to its former position.

NOTE: 1. The exposure duration can be set both with the shutter cocked and released. 2. Use a tripod for slow shutter speeds on 'bulb' exposure. 3. When photographing without flash bulbs the synchro setting lever can be set at X.

STOP SETTING
To set apertures on the 58mm HELIOS lens: set the index mark to align the selected aperture figure engraved on the aperture-setting ring of the lens. Each setting is click-stopped at each aperture setting. The same procedure applies to the INDUSTAR-50 lens except that with this lens there are no click stops: the lens aperture is set only after focusing.
FOCUSING THE LENS FOR IMAGE SHARPNESS

58mm HELIOS: Focusing should be done with the diaphragm aperture opened at maximum. For this purpose the diaphragm ring of the 58mm Helios should be turned counter-clockwise to its full extent. Aim the lens at the photographed object. Observe through the viewfinder eye-piece: turn the lens focusing ring until a sharp image appears on the ground glass. After focusing, the lens is instantly stopped down by turning the diaphragm ring clockwise to its full extent, i.e. to its preset figure.

50mm INDUSTAR: When photographing with the 50mm Industar lens (which has no pre-set diaphragm), the aperture-setting ring of the lens is set after the focusing is done. In situations where you want to photograph a number of objects disposed at different distances: use the depth-of-field scale. The depth-of-field scale is symmetrically arranged on both sides of the index and corresponds to diaphragm values. After the camera is focused you can read off the depth of field for a chosen aperture by noting the limits of the depth-in-field scale on both sides of the index on the distance scale for the aperture setting selected. For example: when the lens is focused at 10ft and f:11 aperture is selected, the image will be sharp in limits from 8ft to 40ft.

FLASH SYNCHRONIZER

For photographing in conditions with poor illumination, you should use a flash gun. For this purpose the Zenith B camera is fitted with a special device which synchronizes flash to coincide with the shutter operating time. To switch on a single-action flash bulb: set the synchronization setting lever against index "M". When operating with an electronic flash gun, the synchronization setting lever should be set against index "X". Only one exposure time of 1/30th sec. may be used in the Zenith B camera: when photographing with either flash bulbs or electronic flash. Hand exposure "B" is not recommended when using flash bulbs: a considerable amount of stray light (after flash) enters the camera with resulting over exposure.
THE SELF-TIMER

When shooting with the self-timer, observe the following procedure: cock the shutter; wind the self-timer mechanism by turning the self-timer setting lever down as far as it will go. Set exposure; choose the frame; focus the lens . . . Close the lens opening to the f stop and press the self-timer release button. The shutter operates in no less than 9 sec. after pressing the button.

UNLOADING THE CAMERA (see p. 14 for Zenith E)

When the exposure counter dial shows figure (36 or 20) it means that the exposed film should be rewound into the cassette. The procedure is the following:

1. Disengage the shutter mechanism by pressing the film-rewind release button and, holding it in this position, rotate the film rewind knob in the direction shown by the indicating pointer until you feel, by the relaxed force, that the end of the film has left the spring of the take-up spool.
2. Open the back cover of the camera.
3. Pull the film rewind knob upwards and remove the film cassette out of the camera.

IMPORTANT TIPS

The camera should be handled gently and carefully avoiding undue force to controls and dials. Always keep the camera scrupulously clean and protected from excessive vibrations, moisture and sharp temperature fluctuations. Keep the camera in a closed carrying case. For storage purposes the cap should be placed on the lens and the shutter and self-timer released. Never remove the lens from the camera unnecessarily. This prevents dust and dirt from reaching the surfaces of optical parts. Clean the optical coated lens surfaces only with a camera blower-brush. As the camera is a complex optical and mechanical device, any repair and adjustment should be performed only by a highly qualified specialist.

BULB FLASH WARNING

When using bulb type flashguns, do not insert a new flashbulb into the gun while it is connected to the camera with the shutter uncocked. The shutter must always be cocked before the flashbulb is connected.
Specifications as Zenith B but, additionally, features a built-in selenium photo-electric exposure meter calibrated for aperture settings and film speeds.

Except for exposure, and unloading the camera, all operations and instructions for the Zenith B apply equally to the Zenith E

EXPOSURE CONTROLS
The principal controls comprise two circular dials and each is concentric to the rewind knob (see illustration). The Outer Dial (calibrated from 1/30th to 1/500th sec) is the shutter-speed control and this, when rotated, is constantly linked to the small 'zero' index in the curved meter-window, (see illustration). The Inner Dial is the film-speed control (calibrated with ASA and DIN speed ratings and aperture figures).

LOADING & UNLOADING
Proceed as previously instructed but as the spring-loaded rewind knob is recessed within exposure meter controls it has first to be brought into operating position by depressing slightly and turning it anti-clockwise. (Illustration shows the knob in the rewind position, for loading and final removal of the cassette pull the knob upwards from this position).
EXPOSURE OPERATION

To obtain accurate exposure: first align the film-speed setting line (engraved on the Inner Dial) to coincide with the small black dot engraved beneath the selected film-speed rating (ASA or DIN). Next, point the camera lens to the subject and ensure that fingers do not obscure the photo-electric window (mounted above the lens). Note the position at which the needle comes to rest. Now, rotate the knurled Outer (shutter speed) Dial until the small 'zero' index is bisected by the stationary meter-needle (located in the curved window). The meter is now primed for any selection of coincident reading of aperture and shutter speed. Finally, align the red dot on the Helios lens with the selected aperture: point the camera at subject, rotate the focusing ring until sharp image-resolution is obtained, turn the pre-set diaphragm ring clockwise to its fullest extent—depress the release button to obtain perfect exposure.